

From: [FAC-Illumination](#)
To: [Lyndsay Phoenix](#)
Subject: FAC-Illumination
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Attachments: [image.png](#)
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To Whom It May Concern,

Thank you very much for participating in Fibromyalgia Association Canada's Illumination campaign in previous years by Illuminating in purple to support fibromyalgia. The campaign has been ongoing since 2022 and Fibromyalgia Association Canada (FAC) hopes you will continue your participation in 2026.

This year marks the fifth consecutive year that FAC is asking communities across Canada to "Light Up for Fibromyalgia" on May 12, 2026. FAC would be honored if you could once again illuminate your buildings or landmarks in purple (Hex Code #650a8f) from dusk on May 12th to dawn on May 13th, 2026. By doing so, you will not only demonstrate your support for those affected by fibromyalgia but also help raise awareness of this often-overlooked condition.

FAC kindly asks that you confirm your participation by letting us know which buildings / landmarks you will be lighting up. Additionally, FAC would greatly appreciate it if you could send along your preferred hashtags as we will be sharing images on our social media platforms to express our heartfelt gratitude for your support. FAC will be using the hashtag *#Light4Fibro*.

Thank you for considering this opportunity to make a meaningful difference in the lives of those living with fibromyalgia. Together, we can shine a light on this important

issue and advocate for the improvements that are urgently needed.

With Warm Regards,

Trisha Jamieson

FAC *Regional Representative for* ,

On behalf of

Trudy Flynn

Chair

Fibromyalgia Association Canada

Website: <https://fibrocanada.ca>

Facebook: [FibroCanada2021](#)

Twitter: [@fibrocanada](#)

Instagram: [FibroCanadaFAC](#)

Pinterest: [@FibromyalgiaAssociationCanada](#)

LinkedIn: [Fibromyalgia Association Canada \(FAC\)](#)

Bluesky: <https://bsky.app/profile/fibrocanada.bsky.social>

YouTube: <https://www.youtube.com/@FibromyalgiaAssociationCanada>

